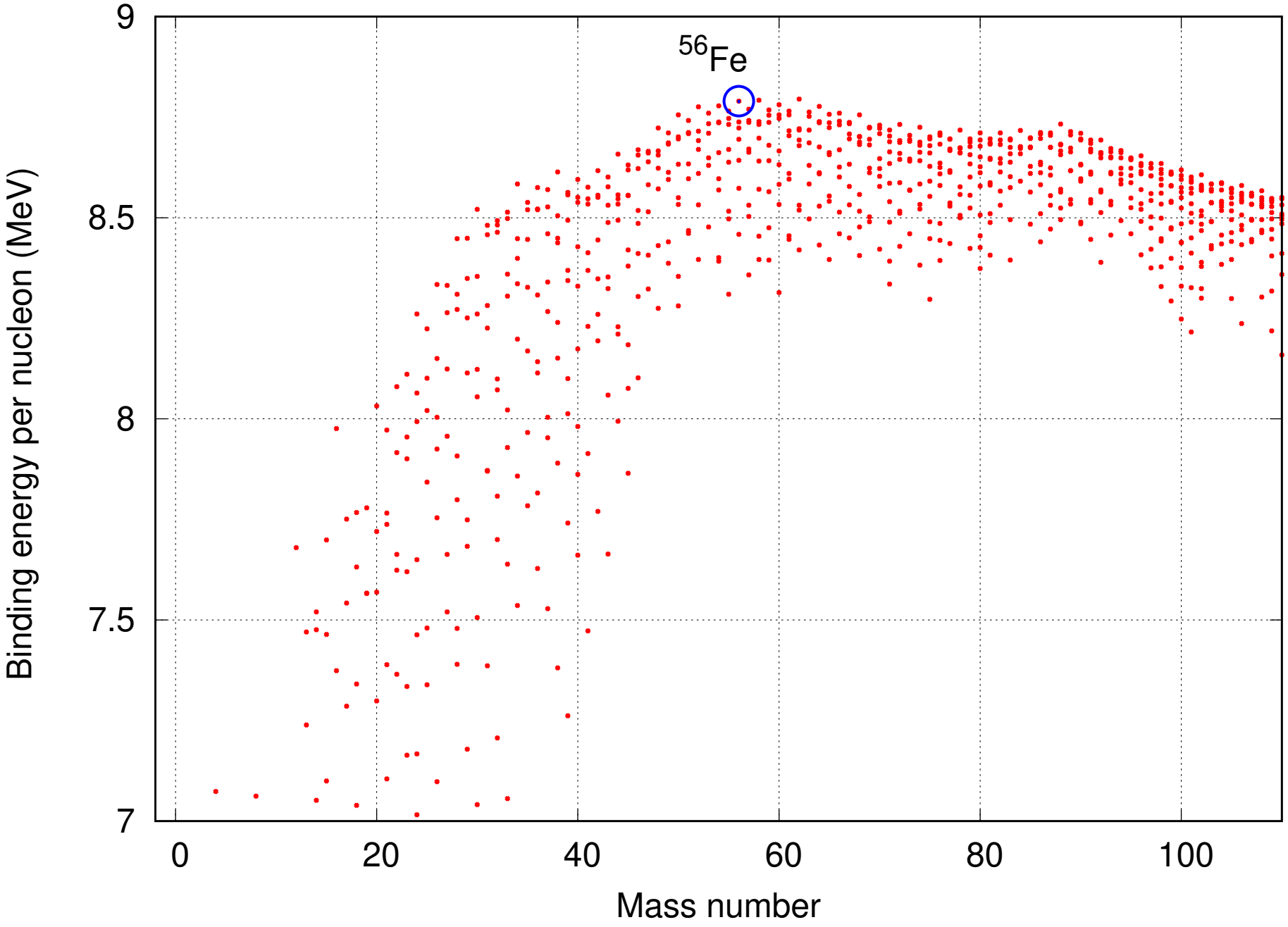
^{56}Fe
9
8.5
8
7.5
7
0
20
40
60
80
100
Binding energy per nucleon (MeV)
Mass number