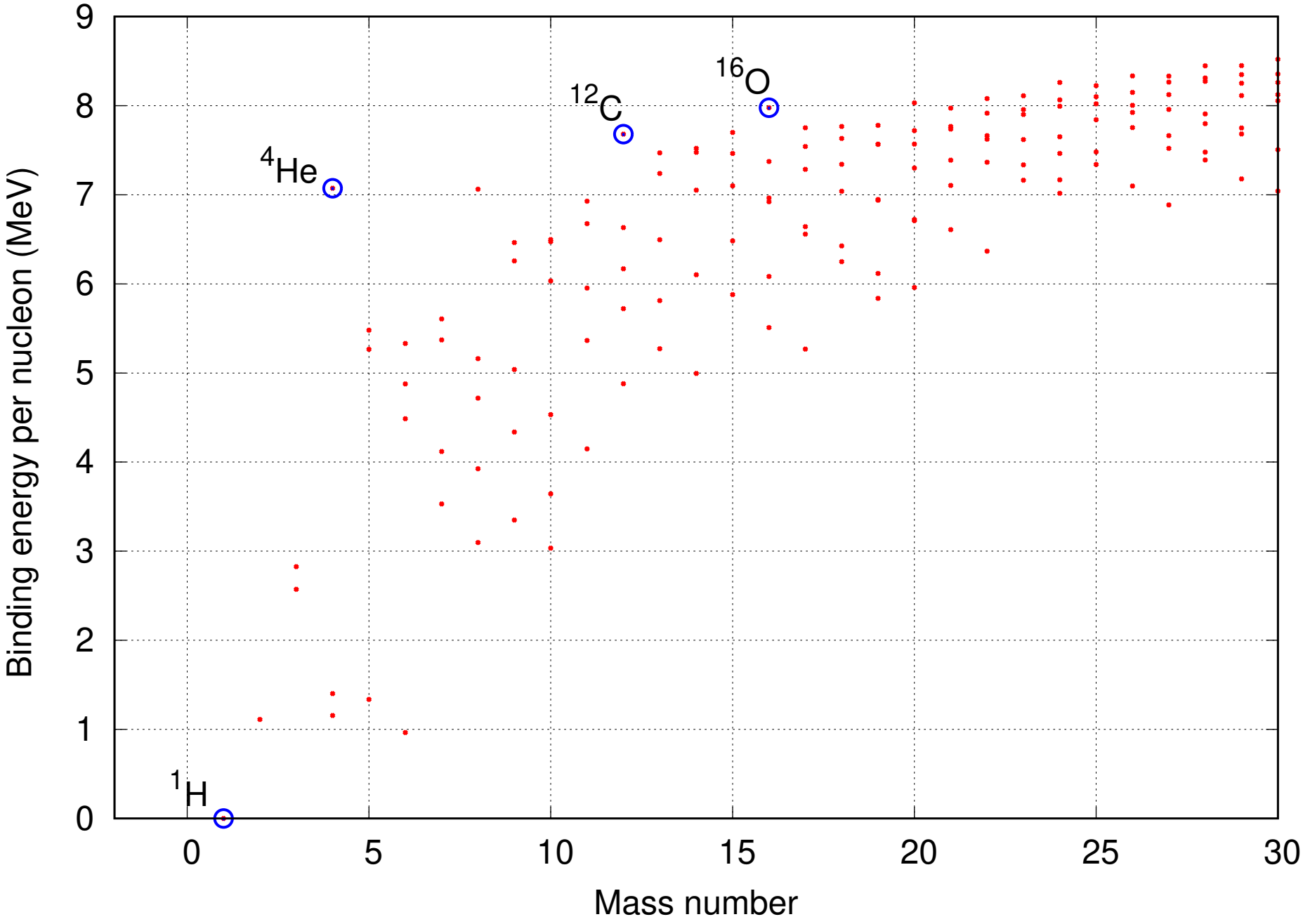
Binding energy per nucleon (MeV)
Mass number
0
1
2
3
4
5
6
7
8
9
0
5
10
15
20
25
30
^{1}H
^{4}He
^{12}C
^{16}O